

LENT
MARCH 6

Welcome

All Souls, seeking to be a church not just for ourselves, exists to be a vibrant expression of who God is— gracious, present, hospitable.

Launched in 2010, we are a worshipping community rooted in the belief that the historic Christian gospel is true, compelling, and promises to change our lives powerfully, in the direction of freedom, wholeness, and hope.

We seek to embody and articulate this gospel of grace, bringing about spiritual, social, and cultural renewal in Seattle and, through it, the world.

Please feel the freedom to participate actively in worship or to just listen and observe at your discretion. It is a time to process freely and safely the audacious claims of Jesus, and the inevitable tension between the beauty and scandal of God's grace, freely given to you.

As a church, we are part of that historical, counter-cultural community that Jesus started and continues to build, sustain, and perfect.

Anyone is welcome in worship, and we encourage you to come as you are. We understand that visiting a church for the first time can be intimidating. So it's our commitment to walk you through each component of the worship service so no one feels like an outsider. There will be no obscure, tribal language. No 'in-house' moments.

Our worship is structured, with liturgy and rich music that connects us to the church of old and those who've gone before us— we are deeply rooted in something much larger than ourselves or our own cultural moment. But worship should be accessible and enjoyable if it's to be meaningful.

We haven't heard the gospel for what it really is if we don't find it at once horribly offensive and staggeringly beautiful.

It is both heart-breaking and heart-mending.

So let us explore. *Let us worship!*

Exploring?

Do you have questions about the Christian faith?

Do you wrestle with intellectual barriers that make belief seem implausible, even irresponsible?

Do you struggle to reconcile a good God with a hurting world?

We recognize that belief is hard. That's why:

- We value questions, and the people who ask them
- We prize being a community where you can belong before you believe
- We assume, each Sunday, that there are people present who are not convinced
- We desire to talk to skeptics not about them
- You are welcome here...

So, be curious. Doubt. Ask. Explore.

How do I get connected?

visit allsoulsseattle.org for the latest

All Souls Kids + Youth

allsoulsseattle.org/kids (/youth)

How can I serve?

allsoulsseattle.org/connect

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illustration by Lori Bailey

This is the first Sunday of Lent, a season in preparation for Easter when Christians often focus on sin and repentance. One of the things that's most difficult to swallow about Christianity is the idea that normal, nice people are sinners, that we are born sinful and can't elude being a sinner by being moral or religious enough.

It can seem gentler and kinder to think of human beings as basically good, our intuitions basically correct and our motives basically pure. But then we run into the hard facts of greed, genocide, abuse, oppression, lies, tyranny, hatred, jealousy, violence, murder, enslavement and even mundane selfishness, impatience, arrogance or resentment in our own heart.

Fish Harrison Warren

"We're All Sinners, and Accepting That Is Actually a Good Thing"
the New York Times, March 6, 2022

Order of Worship

FIRST SUNDAY IN LENT



Please help us to be hospitable:

Face covering is required indoors for all. Participate online if you have symptoms of Covid-19 or have known exposure to someone who has tested positive.

If you have any questions about our COVID precautions or would like to chat with a member of the All Souls COVID Advisory Team, check out our website at allsoulsseattle.org/covid or email info@allsoulsseattle.org.

Lent is a 40 day season preparing us for Easter, when we celebrate God's victory over death and the promise of new life in Jesus. The journey begins by facing our brokenness and deep need for God's healing.

Lent is about more than giving things up for the sake of giving things up. It's about taking a close look at the unmatched beauty of — and our need for— our Savior.

During Lent, we take inventory of the heart, and fall headlong into grace.

Bold text is read together by the congregation. Plain text is read by the leader. Responsive readings remind us that during corporate worship God speaks to his people and we respond together as a community.

If you, or someone with you this morning, has special needs we do not want to miss an opportunity to serve you.

Please introduce yourself and let us know how we can support you best.

Our community gathers on Sundays to enter the presence of the Lord and offer him praise, as he graciously invites us to do. We come to sing, pray, encounter God's Word, celebrate Communion, and to simply be together. We're glad you're here, and as you're getting settled we invite you to sit toward the aisle, allowing access for others along the edges. Thank you.

Call to Worship

Psalm 126

In the Bible, God calls us to worship, because it is not our natural impulse to come to Him. But He calls, reminding us of His pursuing love, and we respond in gratitude.

words and music by Isaac Wardell

Our mouths they were filled, filled with laughter
Our tongues they were loosed, loosed with joy / Restore us, O Lord (2x)

chorus:

Although we are weeping
Lord, help us keep sowing
The seeds of Your Kingdom
For the day You will reap them
Your sheaves we will carry
Lord, please do not tarry
All those who sow weeping will go out with songs of joy

The nations will say, "He has done great things!"
The nations will sing songs of joy / Restore us, O Lord (2x)

chorus

Psalm 91:1-2, 4

Whoever dwells in the shelter of the Most High
will rest in the shadow of the Almighty.

**I will say of the Lord, "He is my refuge and my fortress,
my God, in whom I trust."**

He will cover you with his feathers,
and under his wings you will find refuge;
his faithfulness will be your shield and barrier.

Invocation

The Lord is full of compassion and mercy:

O come, let us adore him.

Music at All Souls is comprised of "psalms, hymns, and spiritual songs" (Eph. 5:19).

These are often works that date back as far as Jewish antiquity, anchoring us in the ancient roots of Christian faith. Sometimes these are newer works that reflect prayerfully and prophetically on our current moment.

They contain theological richness and focus on God's character and redemptive work. They also lend poetic voice to our deepest emotional expressions: praise and thanksgiving, anger and sorrow, hope and joy.

We sing because we believe God is with us— present in our worship; inhabiting the praises of his people.

seated

Confession happens within the context of relationship, both with God and each other.

We confess together, in community, before a gracious God who has given us himself.

Confession both acknowledges our need for mercy and celebrates its abundance in Christ.

Sin, in its essence, is a word that means, "an obsession or worship of oneself." Martin Luther described sin as "curving in on oneself," which causes a relational breach not only with people we harm, but also with God by not giving God the place he deserves in our lives as our loving Creator and Savior.

In Christ Alone

words and music by Stuart Townend and Keith Getty

In Christ alone my hope is found,
He is my light, my strength, my song;
This Cornerstone, this solid ground,
Firm through the fiercest drought and storm

What heights of love, what depths of peace,
When fears are stilled, when strivings cease!
My Comforter, my all in all,
Here in the love of Christ I stand

In Christ alone, who took on flesh,
Fullness of God in helpless babe
This gift of love and righteousness,
Scorned by the ones He came to save

Till on that cross as Jesus died,
The wrath of God was satisfied
For ev'ry sin on Him was laid;
Here in the death of Christ I live.

There in the ground His body lay,
Light of the world by darkness slain
Then bursting forth in glorious day
Up from the grave He rose again!

And as He stands in victory
Sin's curse has lost its grip on me,
For I am His and He is mine
Bought with the precious blood of Christ

No guilt in life, no fear in death,
This is the power of Christ in me;
From life's first cry to final breath,
Jesus commands my destiny

No power of hell, no scheme of man,
Can ever pluck me from His hand:
Till He returns or calls me home,
Here in the power of Christ I'll stand

Prayer of Confession

Merciful God,

Too often we trust in our own power and do not depend upon yours.

We don't believe you are wise enough, good enough, or strong enough to act.

So we rely on many other things:

our own strength, our own wisdom, our own ability, our own resilience.

But, because we don't trust in you, we are filled with worry and unrest—
even a quiet desperation.

Our hands cannot hold us up.

So we come to you now, again, abandoning our self-trust,

asking you, because of what Christ has done, to

receive us, embrace us, and hold us.

Let's acknowledge these things silently before the Lord, knowing forgiveness and rest are freely available in Jesus. After a brief silence we will sing our confession together:

T.J. Williams / E. Wilson

Lord, ha - ve mer - cy. Christ, ha - ve mer - cy. Lord, ha - ve mer - cy on ____ me. *Fine*

5

Ky - ri - e e - lei - son, Chris - te e - lei - son, Christ, ha - ve mer - cy on ____ me. *D.C. al Fine*

Receiving of Grace

We serve a God of limitless power and might. Yet, in all of his power he looks on us with mercy, and draws us into his family, because of what Jesus Christ has done.

In the life, death, and resurrection of Jesus, we are assured that there is
no sin so terrible that God cannot forgive,
no hurt so terrible that God cannot heal.
In Christ, God accepts, God forgives, and God sets free.

Let us live in light of the gospel and receive the forgiving love of God. **Amen.**

standing

the Reading

It has been the practice of the church for thousands of years to have portions of the Bible read during worship. We do this because we are people who need to be shaped by all of God's Word.

Romans 10:4-13

4 Christ is the culmination of the law so that there may be righteousness for everyone who believes.
5 Moses writes this about the righteousness that is by the law: "The person who does these things will live by them."
6 But the righteousness that is by faith says: "Do not say in your heart, 'Who will ascend into heaven?'" (that is, to bring Christ down) 7 "or 'Who will descend into the deep?'" (that is, to bring Christ up from the dead). 8 But what does it say? "The word is near you; it is in your mouth and in your heart," that is, the message concerning faith that we proclaim: 9 If you declare with your mouth, "Jesus is Lord," and believe in your heart that God raised him from the dead, you will be saved. 10 For it is with your heart that you believe and are justified, and it is with your mouth that you profess your faith and are saved. 11 As Scripture says, "Anyone who believes in him will never be put to shame." 12 For there is no difference between Jew and Gentile—the same Lord is Lord of all and richly blesses all who call on him, 13 for, "Everyone who calls on the name of the Lord will be saved."

Mark 1:1-8

1 The beginning of the gospel of Jesus Christ, the Son of God.

2 As it is written in Isaiah the prophet,

"Behold, I send my messenger before your face,
who will prepare your way,

3 the voice of one crying in the wilderness:

'Prepare the way of the Lord,
make his paths straight,'"

4 John appeared, baptizing in the wilderness and proclaiming a baptism of repentance for the forgiveness of sins. 5 And all the country of Judea and all Jerusalem were going out to him and were being baptized by him in the river Jordan, confessing their sins. 6 Now John was clothed with camel's hair and wore a leather belt around his waist and ate locusts and wild honey. 7 And he preached, saying, "After me comes he who is mightier than I, the strap of whose sandals I am not worthy to stoop down and untie. 8 I have baptized you with water, but he will baptize you with the Holy Spirit."

The Word of the Lord.

Thanks be to God.

standing

the Nicene Creed

The Nicene Creed has for centuries helped people understand who God is, and the essential truths of Christian faith. Who is God? As we speak the creed now together it unites us with the Church globally and across the ages. We say this together as a community, because we need each other in life with God, and so that as a community we may grow as a vibrant expression of who God is.

**We believe in one God,
the Father, the Almighty, maker of heaven and earth,
of all that is, visible and invisible.**

**We believe in one Lord, Jesus Christ,
the only-begotten Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God, begotten, not made,
of one Being with the Father;
through him all things were made.
For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.**

**He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord,
the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son
is worshiped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one Baptism
for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

a Lenten Prayer

“I Cannot Do This Alone”

by Dietrich Bonhoeffer

O God, early in the morning I cry to you.
Help me to pray
And to concentrate my thoughts on you:
I cannot do this alone.
In me there is darkness,
But with you there is light;
I am lonely, but you do not leave me;
I am feeble in heart, but with you there is help;
I am restless, but with you there is peace.
In me there is bitterness, but with you there is patience;
I do not understand your ways,
But you know the way for me...
Restore me to liberty,
And enable me to live now
That I may answer before you and before me.
Lord, whatever this day may bring,
Your name be praised. **Amen.**

Grateful Giving



Ascribe to the Lord the glory due his name;
bring an offering and come into his courts. (Psalm 96:8)

PRAYERS FOR THOSE
NOT COMMUNING

Because All Souls is a church not only for the convinced but also for those journeying toward trust in Jesus, we gladly extend room for you to consider and dialogue.

Use the prayers below during Communion as guides to reflect upon and respond to what God is doing in your life.

PRAYER FOR THOSE
SEARCHING FOR TRUTH

Jesus, you claim to be the way, the truth, and the life. Grant that I might be undaunted by the cost of following you as I consider the reasons for doing so. If what you claim is true, please guide me, teach me, and open to me the reality of who you are. Give me an understanding of you that is coherent, convincing, and that leads to the life that you promise. Amen.

PRAYER OF BELIEF

Jesus, I admit that I am weaker and more sinful than I ever before believed, and yet, through you, I am more loved and accepted than I ever dared hope. I thank you for paying my debt, bearing my punishment on the cross, and offering forgiveness and new life. Knowing that you have been raised from the dead, I turn from my sin and receive you as Savior and Lord. Amen.

PRAYER OF COMMITMENT

Lord Jesus, you have called us to follow you in baptism and in a life of committed discipleship in your church. Grant that I may take the necessary steps to be one with your people, and live in the fullness of your Spirit. Amen.

* Hosanna means "save me!" but with Jesus came to mean "salvation is here!"

Communion

Communion, also called the Lord's Supper or the Eucharist, is the family meal of Christians.

EXTEND PEACE

Since God has forgiven us in Christ, let us forgive one another.

The peace of Christ be with you always! **And also with you.**

INVITATION + THANKSGIVING

Lift up your hearts! **We lift them up to the Lord!**

Let us give thanks to the Lord our God. **It is right to give him thanks and praise.**

It is right, our duty and our joy, always and everywhere to give thanks to you, O Lord, Holy Father, almighty and everlasting God. We give thanks to you with those who have gone before us, and with brothers and sisters around the world, and along with the angels and all the company of heaven, we praise you with one voice:

Ho - ly, ho - ly, ho - ly Lo - rd, God of pow - er,
hea - ven and ear - th are full of your glo - ry. Ho - san - na in
excelsis, Bless - ed is he who comes in the name of
the Lord. Ho - san - na in excelsis, Ho - san - na in excelsis.

BREAK BREAD

For as often as we eat this bread and drink the cup, we proclaim the Lord's death until he comes. (1 Cor 11:23-26)

Therefore, together, we proclaim the mystery of faith:

Christ has died, Christ is risen, Christ will come again.

Gracious God, pour out your Holy Spirit upon us and upon these your gifts of bread and wine, that the bread we break and the cup we bless may be the communion of the body and blood of Christ. By your Spirit make us one with Christ, that we may be one with all who share this feast. **As this bread is Christ's body for us, send us out to be the body of Christ in the world, for by him, with him, and in him, in the unity of the Holy Spirit, all honor and glory is yours, Almighty Father, now and forever. Amen.**

DRAW NEAR

Christ our Passover has been sacrificed for us;

Therefore, let us keep the feast.

Trinity Song

words and music by Sandra McCracken

Holy Father, Son, and Spirit
Holy Communion, Three-in-one.

Come with your peace, with your invitation
Bind us together in Holy love.

We Abide

words and music by Sandra McCracken

We are the vineyard you have planted
Tend our leaves and wild branches
We abide, we abide in You (2x)

Fruit growing from our strength and labor
Rain on us with grace and favor
We abide, we abide in You (2x)

chorus:
Where can my soul find living water?
Apart from you we bear no fruit
Oh, plant my feet down by the river
We abide, we abide in you

We are the vineyard you have
planted
Tend our leaves and wild branches
We abide, we abide in You (2x)

chorus

Announcements (p.8)

Benediction

May God sustain you and fill you with joy
so that you may abound in hope
by the power of the Holy Spirit.

Let us rejoice in the Lord always. **Amen.**

Let us go forth and serve our world as those who love our Lord and Savior Jesus Christ.

Thanks be to God!

All Souls welcomes all who are trusting in Jesus Christ for salvation, understand the meaning of the Lord's Supper, and are in good standing with congregations that proclaim the gospel to receive Holy Communion with us.

Please note that we use wine and on-alcoholic grape juice for Communion (labeled on tables). For those with wheat allergies, a gluten-free cracker is available in place of the bread (ingredients: brown rice flour, sesame seeds, potato starch, safflower oil, flax seeds, quinoa seeds, amaranth seeds, chia seeds, millet, tamari soy sauce powder, sea salt.).

A word to parents:
Children are welcome at the communion table. To receive the Lord's Supper, a child must have been baptized and received as a communing member by the leadership of this church or the governing body of the church to which you belong. If you have any question about how this process works, please speak with one of our pastors.

Our pastoral staff and other leaders are available following the service for prayer or to answer any questions you may have about All Souls.

Announcements

Calling Volunteers: As we find new, sustainable rhythms of life in this next season, we are seeking to grow our teams of volunteers, each who help to make Sunday gatherings possible. We invite you to join us! We have immediate needs on the following teams:

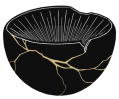
- **Set-up/Tear-down:** minimum of 10 volunteers needed to help serve by setting up tables, chairs, air purifiers, signage, etc. before our worship service, and tearing down afterwards.
- **Hospitality:** minimum of 10 volunteers needed to help prepare drinks and donuts for our Coffee + Connect time, as well as the elements for Communion during the worship service.
- **Greeting:** minimum of 10 volunteers needed to offer a warm presence to folks as they arrive, handing an Order of Worship, and answering any general questions.
- **Childcare:** minimum of 5 volunteers needed to serve in our childcare rooms during the worship service (3:30 - 5p). Background check and child safety training are required for this role.



Our hope is to build each of these teams large enough so that each volunteer is serving every 4-6 weeks. If you are interested in signing up, or in learning more about volunteering, please fill out the survey below.

To learn more and serve our community through volunteering, use QR code.

Group Life



Grace Groups: Living by God's grace is a paradigm shift for all of us and as a big shift, it involves study, practice, community, and the work of the Holy Spirit within each of us. All Grace Groups will this common thread: learning to live by grace in a wide variety of life.

COMING UP

- **Anglicanism:** 8p on Zoom each Sunday in March - *Begins tonight!*
- **Racial Justice Grace Group:** a dinner series following the worship service



Home Groups: In a world that pushes us toward isolation, we need community— a place where we're known, loved, and belong. We need local 'family'— siblings in Jesus we can lean on, learn with and from, care for, and celebrate growth alongside. Home Groups, designed to invite us into this relational space, are a vital part of our shared life and growth in Christ— places of care and community where we discover and live the Christian life together. Home Groups are one of the main ways we learn to receive and extend the hospitality of Christ in our neighborhoods. **Gatherings meet every other week through May** (details: allsoulsseattle.org/connect).

All Souls Youth Group:

High school students meet on Tue night. Middle school students meet on Wed night. Contact Suzanne Case with any questions (suzanne@allsoulsseattle.org). Parents: follow us on Instagram @allsoulsyouth_parents

COMING UP

- **Summer Service Trip:** All Souls is sending a team of 20 teens and adults back to Warm Springs, Oregon this summer. The dates are July 2-9, 2022. Register your interest with Suzanne.

All Souls KIDS!

What's something you
HEARD during worship today?

A GUIDE FOR
EXPLORING
WHO GOD
IS TO US!

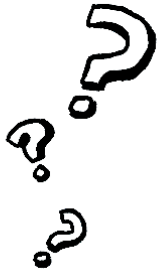
Did you hear any
words that were
NEW to you?



AS YOU
LISTEN...



Draw something that
inspired your IMAGINATION:



What's ONE question
you'd want to ask
your parents or pastors?

What's ONE question
you'd want to ask GOD?

Who do you want, or need,
GOD to be to you today?

PRAY:

Ask GOD to take
care of everything you
need. He always hears
you, because He loves you!

draw!
color in!

All Souls KIDS doodle page

for kids
of ALL ages!



The earth is
the LORD's,
and everything
in it...

...the world and all
who live in it.
PSALM 24:1



Giving as Part of Worship

All we have is given to us by God. Our offerings express this joyful dependence and our commitment to join God in his work of renewal. Whether we have much or little, God calls us to treasure and trust Him above all. So we are to give as generously as we are able, knowing that He who met our most dire need through Christ will continue to provide for every need we have. All giving goes toward ministry initiatives of All Souls and the relief of those in need.

While there are many ways to contribute financially to God's Kingdom, scripture says the Church is the primary means by which that kingdom is established on earth. So, God calls us first and foremost to be faithful in the regular, ongoing support of one's local church body through tithes and offerings. If you haven't made tithing a practice, please consider adopting this as a spiritual practice— that you might grow in faith.

We recognize, too, that as the church, we must consistently remind one another of the truth that everything we have is a gift from the Lord.

The Bible says that 'we know the grace of our Lord Jesus Christ, that though he was rich, yet for our sake he became poor, so that we through his poverty might become rich' (2 Corinthians 8:9). Jesus' death on the Cross represents the most generous gift ever given— when he gave up everything in order to reconcile us to God.

Giving cheerfully, sacrificially, and consistently is a part of our worship— not because it's something churches do, but because giving in response to the gospel is intended to be worshipful. When we are generous with others we are reminding one another of the great generosity of God.

All Souls seeks to build community, love our neighbors, and work for peace and justice within Seattle. Our desire in giving is not only to meet our own financial needs, but to be able to serve those in need in our city and neighborhoods.

There are a few ways, in addition to during worship, that you can contribute financially to All Souls:

- ▶ Mail a check, or set up automatic bill pay through your bank, payable to:
All Souls
PO Box 16613
Seattle, WA 98116
- ▶ Visit allsoulsseattle.org/give
- ▶ For any assistance or questions about:
Giving on a recurring basis via EFT (electronic fund transfer), stock donation, or non-cash contribution options (e.g. property or vehicle donation) please contact bookkeeper@allsoulsseattle.org

The intentional financial participation of those who consider All Souls their church home is vital. If you are not already tithing regularly, please prayerfully consider doing so. If you have questions about tithing or biblical guidelines for giving, please ask. If you are our guest today, please feel no obligation to give.

Amidst one of the longest seasons of challenge most of us have ever experienced, we want to celebrate how God has continually met our community's financial needs. This has allowed All Souls to continue in her mission, entering our eleventh year of worship together, as a church in and for our neighborhood seeking to be a vibrant expression of who God is— gracious, present, hospitable. 98.5% of our costs from last year were covered by careful cost adjustments by staff, and your continued giving and support. We thank God for your partnership in this work!

This year, as we look at our budget, there are few things to note: Pandemic realities have led to our giving and expenses shrinking around 20% over the last 2 years. However, this year we anticipate additional costs and have built them into our budget as we resume in-person Sunday gatherings. We have budgeted as realistically as possible, though many uncertainties remain about our costs this year. Our new budget of \$600,000 (\$550,000 last year) assumes a 10% growth in giving, and even then we are prepared to dip into our reserves about \$70,000 as we expect our costs to be closer to \$670,000. The pastors and leadership of All Souls invite you to join us in this generous risk, investing in our shared life together this next year.

January Giving Goal: \$50k January Giving Actual: \$34k YTD Goal: \$250k YTD Actual: \$257k

Online giving:



All Souls

CLERGY

Rev. R.J. March

Rev. Andy Pelander

COMMUNITY / LOGISTICS

Charlotte Aljets

Emma Groppe

VESTRY

Charlotte Aljets

Joe Berg

Suzanne Case

Rachel Faunce

Graeme Hanson

Dan Reeve

Nancy Spiro

Thad Williams

ART / LITURGY / FORMATION

Kara Barrett

Alyssa Reeve

KIDS / YOUTH

Jeff Case

Suzanne Case

Carrie Mahoney

WORSHIP LOCATION

Trinity West Seattle - Sundays, 4p

7551 35th Ave SW

OFFICE

All Souls Loft

4138 California Ave SW, 2nd fl

MAILING ADDRESS

PO Box 16613, Seattle 98116

info@allsoulsseattle.org

IG: allsoulsseattle



It is the smallest of all seeds,
but when it has grown it is
larger than all the other garden
plants and becomes a tree, so
that birds of the air come and
make nests in its branches.

Matthew 13:32