

LENT

MARCH 13

Welcome

All Souls, seeking to be a church not just for ourselves, exists to be a vibrant expression of who God is—gracious, present, hospitable.

Launched in 2010, we are a worshipping community rooted in the belief that the historic Christian gospel is true, compelling, and promises to change our lives powerfully, in the direction of freedom, wholeness, and hope.

We seek to embody and articulate this gospel of grace, bringing about spiritual, social, and cultural renewal in Seattle and, through it, the world.

Please feel the freedom to participate actively in worship or to just listen and observe at your discretion. It is a time to process freely and safely the audacious claims of Jesus, and the inevitable tension between the beauty and scandal of God's grace, freely given to you.

As a church, we are part of that historical, counter-cultural community that Jesus started and continues to build, sustain, and perfect.

Anyone is welcome in worship, and we encourage you to come as you are. We understand that visiting a church for the first time can be intimidating. So it's our commitment to walk you through each component of the worship service so no one feels like an outsider. There will be no obscure, tribal language. No 'in-house' moments.

Our worship is structured, with liturgy and rich music that connects us to the church of old and those who've gone before us— we are deeply rooted in something much larger than ourselves or our own cultural moment. But worship should be accessible and enjoyable if it's to be meaningful.

We haven't heard the gospel for what it really is if we don't find it at once horribly offensive and staggeringly beautiful.

It is both heart-breaking and heart-mending.

So let us explore. Let us worship!

Exploring?

Do you have questions about the Christian faith?

Do you wrestle with intellectual barriers that make belief seem implausible, even irresponsible?

Do you struggle to reconcile a good God with a hurting world?

We recognize that belief is hard. That's why:

- We value questions, and the people who ask them
- We prize being a community where you can belong before you believe
- We assume, each Sunday, that there are people present who are not convinced
- We desire to talk to skeptics not about them
- You are welcome here...

So, be curious. Doubt. Ask. Explore.

How do I get connected?

visit allsoulsseattle.org for the latest

All Souls Kids + Youth

allsoulsseattle.org/kids (/youth)

How can I serve?

allsoulsseattle.org/connect

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illustration by Lori Bailey

there's a reason that the Scriptures consistently repeat the refrain "do not be afraid." One of the greatest weapons that the enemy uses against us is a false fear that denies the power of God. Christ is risen. All things that he wills are possible. Esqu McCaulley



Please help us to be hospitable:

Face covering is required indoors for all. Participate online if you have symptoms of Covid-19 or have known exposure to someone who has tested positive.

If you have any questions about our COVID precautions or would like to chat with a member of the All Souls COVID Advisory Team, check out our website at allsoulsseattle.org/covid or email info@allsoulsseattle.org.

Lent is a 40 day season preparing us for Easter, when we celebrate God's victory over death and the promise of new life in Jesus. The journey begins by facing our brokenness and deep need for God's healing.

Lent is about more than giving things up for the sake of giving things up. It's about taking a close look at the unmatchable beauty of — and our need for— our Savior.

During Lent, we take inventory of the heart, and fall headlong into grace.

Bold text is read together by the congregation. Plain text is read by the leader. Responsive readings remind us that during corporate worship God speaks to his people and we respond together as a community.

If you, or someone with you this morning, has special needs we do not want to miss an opportunity to serve you.

Please introduce yourself and let us know how we can support you best. Our community gathers on Sundays to enter the presence of the Lord and offer him praise, as he graciously invites us to do. We come to sing, pray, encounter God's Word, celebrate Communion, and to simply be together. We're glad you're here, and as you're getting settled we invite you to sit toward the aisle, allowing access for others along the edges. Thank you.

Call to Worship

Psalm 95

In the Bible, God calls us to worship, because it is not our natural impulse to come to Him. But He calls, reminding us of His pursuing love, and we respond in gratitude.

words and music by Evan W. Wilson (2016)

Come, let us sing for joy unto the Lord Let us shout to the rock of our salvation Oh, let us sing to him with thankful hearts Shout for joy with music and song / Oh, come

chorus:

For the Lord is a great God (2x) / In his hands are the earth, the seas (2x) For the Lord is the great king (2x) / The seas are his, he has made them (2x)

Come, oh, come, let's bow down in worship Let us kneel before the Lord our maker Oh, for he, he is our God We are his, we are his children, his children

chorus

Psalm 27:1

The Lord is my light **and my salvation**—

whom shall I fear?

The Lord is the stronghold of my life—

of whom shall I be afraid?

Invocation

The Lord is full of compassion and mercy:

O come, let us adore him.

Music at All Souls is comprised of "psalms, hymns, and spiritual songs" (Eph. 5:19).

These are often works that date back as far as Jewish antiquity, anchoring us in the ancient roots of Christian faith. Sometimes these are newer works that reflect prayerfully and prophetically on our current moment.

They contain theological richness and focus on God's character and redemptive work. They also lend poetic voice to our deepest emotional expressions: praise and thanksgiving, anger and sorrow, hope and joy.

We sing because we believe God is with us— present in our worship; inhabiting the praises of his people.

Confession happens within the context of relationship, both with God and each other.
We confess together, in community, before a gracious God who has given us himself.
Confession both acknowledges our need for mercy and celebrates its abundance in Christ.

Sin, in its essence, is a word that means, "an obsession or worship of oneself." Martin Luther described sin as "curving in on oneself," which causes a relational breach not only with people we harm, but also with God by not giving God the place he deserves in our lives as our loving Creator and Savior.

Canticle of the Turning

words: Rory Cooney; music: Star of the County Down (Irish trad.) © 1990, GIA Publications, Inc.

My soul cries out with a joyful shout that the God of my heart is great
And my spirit sings of the wondrous things that you bring to the one who waits
You fixed your sight on your servant's plight and my weakness you did not spurn
So from east to west shall my name be bless'd, could the world be about to turn?

My heart shall sing of the day you bring let the fires of your justice burn Wipe away all tears, for the dawn draws near and the world is about to turn

Though I am small, my God, my all, you work great things in me
And your mercy will last from the depths of the past to the end of the age to be
Your very name puts the proud to shame and those who would for you yearn

You will show your might, put the strong to flight, for the world is about to turn *chorus*

From the halls of power to the fortress tower, not a stone will be left on stone Let the king beware for your justice tears every tyrant from his throne
The hungry poor shall weep no more for the food they can never earn
There are tables spread, ev'ry mouth be fed, for the world is about to turn *chorus*

Though the nations rage from age to age, we remember who holds us fast God's mercy must deliver us from the conqueror's crushing grasp This saving word that our forbears heard is the promise that holds us bound 'Til the spear and rod be crushed by God who is turning the world around *chorus*

seated

Prayer of Confession

Almighty and merciful God,

We have sinned and strayed from your ways like lost sheep.

We have followed the desires of our own hearts, independent of your leading.

We have ignored your commands.

We have left undone those things which we ought to have done; and we have done those things which we ought not to have done.

Have mercy on us, Lord.

We ask you to heal, forgive, and restore us as we embrace your promises in Jesus.

Let's acknowledge these things silently before the Lord, knowing forgiveness and rest are freely available in Jesus. After a brief silence we will sing our confession together:



Receiving of Grace

Romans 10:9-11

We serve a God of limitless power and might. Yet, in all of his power he looks on us with mercy, and draws us into his family, because of what Jesus Christ has done.

If you confess with your mouth that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For with the heart one believes and is justified, and with the mouth one confesses and is saved. For the Scripture says, "Everyone who believes in him will not be put to shame."

Hear and know that you are forgiven, and be at peace. Thanks be to God.

standing

the Reading

It has been the practice of the church for thousands of years to have portions of the Bible read during worship. We do this because we are people who need to be shaped by all of God's Word.

Philippians 3:17-4:1

17 Join together in following my example, brothers and sisters, and just as you have us as a model, keep your eyes on those who live as we do. 18 For, as I have often told you before and now tell you again even with tears, many live as enemies of the cross of Christ. 19 Their destiny is destruction, their god is their stomach, and their glory is in their shame. Their mind is set on earthly things. 20 But our citizenship is in heaven. And we eagerly await a Savior from there, the Lord Jesus Christ, 21 who, by the power that enables him to bring everything under his control, will transform our lowly bodies so that they will be like his glorious body.

4 Therefore, my brothers and sisters, you whom I love and long for, my joy and crown, stand firm in the Lord in this way, dear friends!

Mark 1:9-13

9 At that time Jesus came from Nazareth in Galilee and was baptized by John in the Jordan. 10 Just as Jesus was coming up out of the water, he saw heaven being torn open and the Spirit descending on him like a dove. 11 And a voice came from heaven: "You are my Son, whom I love; with you I am well pleased."

12 At once the Spirit sent him out into the wilderness, 13 and he was in the wilderness forty days, being tempted by Satan. He was with the wild animals, and angels attended him.

The Word of the Lord.

Thanks be to God.

Homily What We Hear

Rev. Andy Pelander

standing

the Apostles' Creed

The Apostles' Creed has for centuries helped people understand who God is, and the essential truths of Christian faith. Who is God? As we speak the creed now together it unites us with the Church globally and across the ages. We say this together as a community, because we need each other in life with God, and so that as a community we may grow as a vibrant expression of who God is.

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord.
He was conceived by the Holy Spirit and born of the Virgin Mary.
He suffered under Pontius Pilate, was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven, and is seated at the right hand of the Father.
He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

Prayers of the People

O God, do not be silent. O God, do not be still.

O God, you can't stand by and watch while your children are killed.

You heard the people screaming. You heard the cries of pain.

O God, you can't stand by and watch while your children are killed.

O God, do not be silent

Disrupt Putin's violence

Cause Putin to weep and wail over the suffering he has caused

Embolden Russian soldiers to lay down their arms and disobey orders

Trap Russian tanks in the thick Ukrainian mud

Be a fortress for President Zelensky and the Ukrainian resistance

Create escape routes for civilians surrounded by combat

Save those crushed in spirit - those who bury their dead in trenches

O God, do not be still

O God of justice come like fire

O God, do not be silent. O God do not be still.

O God, you can't stand by and watch while your children are killed.

O God, do not be silent

Let your righteousness and judgement be known in Xinjiang

Shine your light of hope upon Uyghur Muslims languishing in camps

But be a consuming fire to all of those who plan and execute evil—

Tear the camps down stone from stone

Smash the cameras following every move of people precious to you

Rise up in wrath against those who rape and sterilize Uyghur women

Be mighty to rescue, abundant in healing, and swift to execute justice

O God, do not be still

O God of justice come like fire

O God, do not be silent. O God do not be still.

O God, you can't stand by and watch while your children are killed.

O God, do not be silent

Hold the Taliban accountable for their unfettered oppression of women

Lance, open, and drain the diseased imaginations that foster violence against women

Destroy the weapons of repression and assault

Spread your wings over the brave Afghan women who shout: "Education, work, freedom!"

Open the door for Afghan girls to return to school and block those who seek to bar them from entry

O God, do not be still

O God of justice come like fire

O God, do not be silent. O God do not be still.

O God, you can't stand by and watch while your children are killed.

You heard the people screaming. You heard the cries of pain.

O God, you can't stand by and watch (3x) while your children are killed.

Grateful Giving

Ascribe to the Lord the glory due his name; bring an offering and come into his courts. (Psalm 96:8)

We regularly pray for needs in our community, our city, and the world as an act obedience and love, and to align our concerns with the Lord's. If you have children with you, please feel free to use this time to teach them to pray with us, as we ask God to honor our hope that we are becoming a vibrant expression of who God is—gracious, present, hospitable.

words: from Psalm 83, music: Wendell Kimbrough



PRAYERS FOR THOSE
NOT COMMUNING

Because All Souls is a church not only for the convinced but also for those journeying toward trust in Jesus, we gladly extend room for you to consider and dialogue. Use the prayers below during Communion as guides to reflect upon and respond to what God is doing in your life.

> PRAYER FOR THOSE SEARCHING FOR TRUTH

Jesus, you claim to be the way, the truth, and the life. Grant that I might be undaunted by the cost of following you as I consider the reasons for doing so. If what you claim is true, please guide me, teach me, and open to me the reality of who you are. Give me an understanding of you that is coherent, convincing, and that leads to the life that you promise. Amen.

PRAYER OF BELIEF

Jesus, I admit that I am weaker and more sinful than I ever before believed, and yet, through you, I am more loved and accepted than I ever dared hope. I thank you for paying my debt, bearing my punishment on the cross, and offering forgiveness and new life. Knowing that you have been raised from the dead, I turn from my sin and receive you as Savior and Lord. Amen.

PRAYER OF COMMITMENT

Lord Jesus, you have called us to follow you in baptism and in a life of committed discipleship in your church. Grant that I may take the necessary steps to be one with your people, and live in the fullness of your Spirit.

Amen.

* Hosanna means "save me!" but with Jesus came to mean "salvation is here!"

Communion

Communion, also called the Lord's Supper or the Eucharist, is the family meal of Christians.

EXTEND PEACE

Since God has forgiven us in Christ, let us forgive one another.

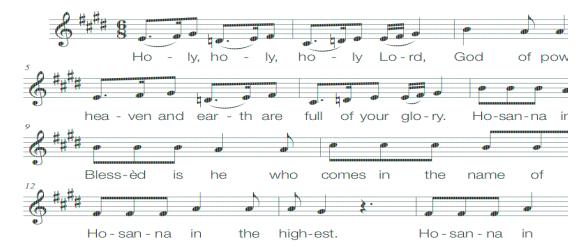
The peace of Christ be with you always! And also with you.

INVITATION + THANKSGIVING

Lift up your hearts! We lift them up to the Lord!

Let us give thanks to the Lord our God. It is right to give him thanks and praise.

It is right, our duty and our joy, always and everywhere to give thanks to you, O Lord, Holy Father, almighty and everlasting God. We give thanks to you with those who have gone before us, and with brothers and sisters around the world, and along with the angels and all the company of heaven, we praise you with one voice:



BREAK BREAD

For as often as we eat this bread and drink the cup, we proclaim the Lord's death until he comes. (1 Cor 11:23-26)

Therefore, together, we proclaim the mystery of faith:

Christ has died, Christ is risen, Christ will come again.

Gracious God, pour out your Holy Spirit upon us and upon these your gifts of bread and wine, that the bread we break and the cup we bless may be the communion of the body and blood of Christ. By your Spirit make us one with Christ, that we may be one with all who share this feast. As this bread is Christ's body for us, send us out to be the body of Christ in the world, for by him, with him, and in him, in the unity of the Holy Spirit, all honor and glory is yours, Almighty Father, now and forever. Amen.

DRAW NEAR

Christ our Passover has been sacrificed for us:

Therefore, let us keep the feast.

Trinity Song

words and music by Sandra McCracken

Holy Father, Son, and Spirit Holy Communion, Three-in-one.

Come with your peace, with your invitation Bind us together in Holy love.

Amazing Grace

John Newton, 1779

Amazing Grace how sweet the sound, That saved a wretch like me! I once was lost, but now am found; Was blind, but now I see.

'Twas grace that taught my heart to fear, And grace my fears relieved; How precious did that grace appear The hour I first believed! Through many dangers, toils and snares, I have already come;

'Tis grace hath brought me safe thus far, And grace will lead me home.

The Lord has promised good to me, His Word my hope secures; He will my Shield and Portion be, As long as life endures. All Souls welcomes all who are trusting in Jesus Christ for salvation, understand the meaning of the Lord's Supper, and are in good standing with congregations that proclaim the gospel to receive Holy Communion with us.

Please note that we use wine and on-alcoholic grape juice for Communion (labeled on tables). For those with wheat allergies, a gluten-free cracker is available in place of the bread (ingredients: brown rice flour, sesame seeds, potato starch, safflower oil, flax seeds, quinoa seeds, amaranth seeds, chia seeds, millet, tamari soy sauce powder, sea salt).

A word to parents:

Children are welcome at the communion table. To receive the Lord's Supper, a child must have been baptized and received as a communing member by the leadership of this church or the governing body of the church to which you belong. If you have any question about how this process works, please speak with one of our pastors.

Announcements (p.8)

Benediction

1 Thessalonians 5:23

May God himself, the God of peace, sanctify you through and through.

May your whole spirit, soul and body be kept blameless

at the coming of our Lord Jesus Christ. **Amen.**

Let us go forth and serve our world as those who love our Lord and Savior Jesus Christ.

Thanks be to God!

Our pastoral staff and other leaders are available following the service for prayer or to answer any questions you may have about All Souls.

Announcements

Contemplative Half-Day: Join Steve Simmons and Kara Barrett for a morning of quiet reflection at Lincoln Park on Saturday, April 2 from 9:30 to noon. Steve will facilitate, offering a simple "pilgrimage" exercise intended to foster reflection on the "newnesses" of the Spring/Lenten season and space— and in our lives. To sign up or learn more, contact Steve (651-767-2667) or Kara (kara@allsoulsseattle.org).

BYOSong, a community gathering open to all, musically inclined or not! Bring a song to share, an instrument, your voice, or your ears; dinner is provided. The next one is this Wednesday, March 16, 7-9p at the All Souls Loft.

All Souls Kids: Sunday School resumes on March 27. Classes are from 3-3:45p, during the hour before worship. Contact Suzanne Case with any questions (suzanne@allsoulsseattle.org), and stay tuned for additional information.

Calling Volunteers: As we find new, sustainable rhythms of life in this next season, we are seeking to grow our teams of volunteers, each who help to make Sunday gatherings possible. We invite you to join us! We have immediate needs on the following teams:

- Set-up/Tear-down: minimum of 10 volunteers needed to help serve by setting up tables, chairs, air purifiers, signage, etc. before our worship service, and tearing down afterwards.
- Hospitality: minimum of 10 volunteers needed to help prepare drinks and donuts for our Coffee + Connect time, as well as the elements for Communion during the worship service.
- Greeting: minimum of 10 volunteers needed to offer a warm presence to folks as they arrive, handing an Order of Worship, and answering any general questions.
- Childcare: minimum of 5 volunteers needed to serve in our childcare rooms during worship (3:30-5p). Background check and child safety training are required for this role.

Our hope is to build each of these teams large enough so that each volunteer is serving every 4-6 weeks. If you are interested in signing up, or in learning more about volunteering, please fill out the survey below.

To learn more and serve our community through volunteering, use QR code.

Group Life

Grace Groups: Living by God's grace is a paradigm shift for all of us and as a big shift, it involves study, practice, community, and the work of the Holy Spirit within each of us. All Grace Groups will this common thread: learning to live by grace in a wide variety of life.

COMING UP

- Anglicanism: 8p on Zoom each Sunday in March Join us tonight!
- Racial Justice Grace Group: a dinner series following the worship service



Home Groups: In a world that pushes us toward isolation, we need community— a place where we're known, loved, and belong. We need local 'family'— siblings in Jesus we can lean on, learn with and from, care for, and celebrate growth alongside. Home Groups, designed to invite us into this relational space, are a vital part of our shared life and growth in Christ— places of care and community where we discover and live the Christian life together. Home Groups are one of the main ways we learn to receive and extend the hospitality of Christ in our neighborhoods. **Gatherings meet every other week through May** (details: allsoulsseattle.org/connect).

All Souls Youth Group:

High school students meet on Tue night. Middle school students meet on Wed night. Contact Suzanne Case with any questions (suzanne@allsoulsseattle.org). Parents: follow us on Instagram @allsoulsyouth_parents

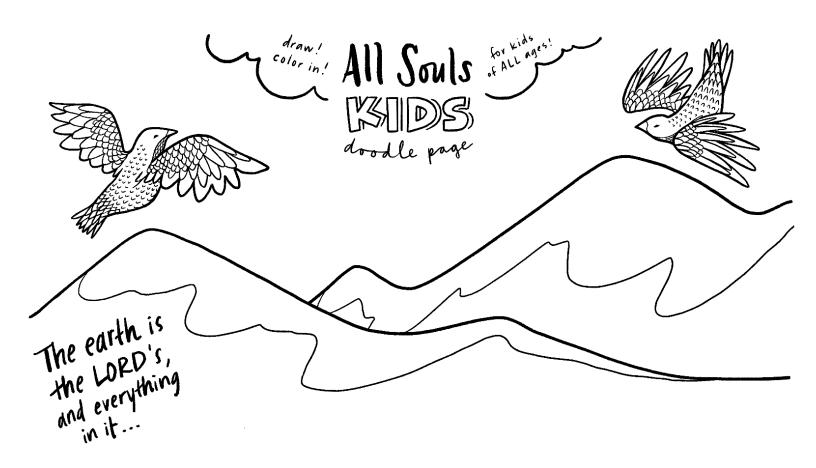
COMING UP

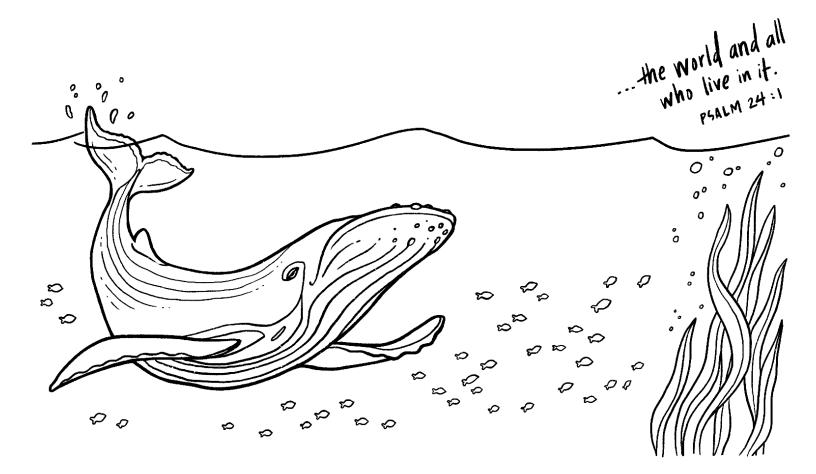
• Summer Service Trip: All Souls is sending a team of 20 teens and adults back to the Warm Springs Reservation, near Bend, Oregon, July 2-9, 2022. Register your interest with Suzanne today!





	something you - ng worship today?
Did you hear any words that were NEW to you?	ran your IMAGINATION.
What's ONE question You'd want to ask Your parents or pastors?	A.r.
What's ONE question you'd want to ask GOD?	
Who do you want, or need, GOD to be to you today?	PRAY: Ask GOD to take care of everything you need. He always hears you, because He loves you!





Giving as Part of Worship

All we have is given to us by God. Our offerings express this joyful dependance and our commitment to join God in his work of renewal. Whether we have much or little, God calls us to treasure and trust Him above all. So we are to give as generously as we are able, knowing that He who met our most dire need through Christ will continue to provide for every need we have. All giving goes toward ministry initiatives of All Souls and the relief of those in need.

While there are many ways to contribute financially to God's Kingdom, scripture says the Church is the primary means by which that kingdom is established on earth. So, God calls us first and foremost to be faithful in the regular, ongoing support of one's local church body through tithes and offerings. If you haven't made tithing a practice, please consider adopting this as a spiritual practice— that you might grow in faith.

We recognize, too, that as the church, we must consistently remind one another of the truth that everything we have is a gift from the Lord.

The Bible says that 'we know the grace of our Lord Jesus Christ, that though he was rich, yet for our sake he became poor, so that we through his poverty might become rich' (2 Corinthians 8:9). Jesus' death on the Cross represents the most generous gift ever given— when he gave up everything in order to reconcile us to God.

Giving cheerfully, sacrificially, and consistently is a part of our worship— not because it's something churches do, but because giving in response to the gospel is intended to be worshipful. When we are generous with others we are reminding one another of the great generosity of God.

All Souls seeks to build community, love our neighbors, and work for peace and justice within Seattle. Our desire in giving is not only to meet our own financial needs, but to be able to serve those in need in our city and neighborhoods.

There are a few ways, in addition to during worship, that you can contribute financially to All Souls:

Mail a check, or set up automatic bill pay through your bank, payable to:

All Souls PO Box 16613 Seattle, WA 98116

- Visit allsoulsseattle.org/give
- For any assistance or questions about:

Giving on a recurring basis via EFT (electronic fund transfer), stock donation, or non-cash contribution options (e.g. property or vehicle donation) please contact bookkeeper@allsoulsseattle.org

The intentional financial participation of those who consider All Souls their church home is vital. If you are not already tithing regularly, please prayerfully consider doing so. If you have questions about tithing or biblical guidelines for giving, please ask. If you are our guest today, please feel no obligation to give.

Amidst one of the longest seasons of challenge most of us have ever experienced, we want to celebrate how God has continually met our community's financial needs. This has allowed All Souls to continue in her mission, entering our eleventh year of worship together, as a church in and for our neighborhood seeking to be a vibrant expression of who God is—gracious, present, hospitable. 98.5% of our costs from last year were covered by careful cost adjustments by staff, and your continued giving and support. We thank God for your partnership in this work!

This year, as we look at our budget, there are few things to note: Pandemic realities have led to our giving and expenses shrinking around 20% over the last 2 years. However, this year we anticipate additional costs and have built them into our budget as we resume in-person Sunday gatherings. We have budgeted as realistically as possible, though many uncertainties remain about our costs this year. Our new budget of \$600,000 (\$550,000 last year) assumes a 10% growth in giving, and even then we are prepared to dip into our reserves about \$70,000 as we expect our costs to be closer to \$670,000. The pastors and leadership of All Souls invite you to join us in this generous risk, investing in our shared life together this next year.

February Giving Goal: \$50k February Giving Actual: \$25k YTD Goal: \$300k YTD Actual: \$282k

All Souls

CLERGY COMMUNITY / LOGISTICS

Rev. R.J. March Charlotte Aljets Rev. Andy Pelander Emma Groppe

VESTRY ART / LITURGY / FORMATION

Charlotte Aljets Kara Barrett
Joe Berg Alyssa Reeve

Suzanne Case

Rachel Faunce KIDS / YOUTH

Graeme Hanson

Dan Reeve

Nancy Spiro

Jeff Case

Suzanne Case

Carrie Mahoney

Thad Williams

WORSHIP LOCATION

Trinity West Seattle - Sundays, 4p 7551 35th Ave SW

OFFICE

All Souls Loft 4138 California Ave SW, 2nd fl

MAILING ADDRESS

PO Box 16613, Seattle 98116

info@allsoulsseattle.org IG: allsoulsseattle



It is the smallest of all seeds, but when it has grown it is larger than all the other garden plants and becomes a tree, so that birds of the air come and make nests in its branches.

Matthew 13:32